

TIME	ACTIVITY	LOCATION	PERFORMER/HOST
THURSDAY 25th August			
5:00 PM		Assembly Hall	Welcome/ Information Booth open
5:00 - 8:00 PM		Assembly Hall	Check in
7:30-9:00 PM	Opening Ceremony	MAIN STAGE ASSEMBLY HALL	
			Nate Gillette opening Billy Lister's Story Sam Morris - Mindfulness session A Conversation with Dave Shurna and Tom Lilig with Q&A Music DJ

FRIDAY 26th August			
7:30 - 8:45		Assembly Hall	Welcome/ Information Booth open
7:30 - 8:45		Aspen Dining Hall	Continental Breakfast
8:30-10:00	Annual Meeting	TBD	No Barriers Annual Board Meeting
9:00-11:00	Hike	Boone Mountain Center	led by YMCA
9:00 - 11:00	Water Ecology	Bridge Pond	led by YMCA
9:00 - 11:00	Wheelchair Basketball	Outdoor basketball court	Hosted by Jason Hotchkiss/ Tribal Adaptive
9:00 - 11:00	Painting with watercolor on Canvas	Arts and Crafts building	led by YMCA
9:00 - 11:00	Orienteering	Boone Mountain Center	led by YMCA
9:00 - 11:00	Archaeology Walk		led by YMCA
9:00 - 12:00	Rock Climbing	Boone Mountain Center	Legend Mark Wellman, No Limits Tahoe
11:00 -12:00	Hiking	Boone Mountain Center	led by YMCA
10:00 - 12:00	Biking, E-Bike, E-Hand Bike Demonstration	Mountainside Loop	Hosted by AngleTech
11:00 - 12:00	Breathing Techniques	TBD	Zen Warrior Breathing Techniques-Sam Morris
12:00 - 1:00	LUNCH	Aspen Dining Hall	Boxed Lunches
1:00 - 2:00	Parafencing	Rams Horn Lodge, Teddy's Teeth	Team USA Fencing coach Patricia Dykes

1:00 - 2:00	Survival Bracelets	Sweet Memorial Building	led by YMCA
1:00-3:00	Glass Fusing	Craft and Design Center	led by YMCA
2:00 - 4:00	Birding	TBD	led by YMCA
3:00 - 4:00	Boxing	Emerald Mountain Lodge, East Portal	Hosted by Rustin Hughes/B-BOLD
3:00 - 4:00	Parafencing	Rams Horn Lodge, Teddy's Teeth	Team USA Fencing coach Patricia Dykes
4:00 - 5:00	Panels / Conversations	ASSEMBLY HALL	Panels / Conversations
4:00-5:15			A conversation with ABLE to Save , Penny Forward, Program Financial Panel Session - with Natl Disability Institute, with Dennis Malinis introducing and moderating Miranda Kennedy, & Sara Hart Weir
			Life Guides - A Conversation with Mark Donohue and Luis Gallardo
			Tribal Adaptive - A Conversation with Noah Hotchkiss
5:00 - 7:00	DINNER	ASPEN Dining Hall	
7:30 - 9:30		MAIN STAGE ASSEMBLY HALL	
7:30-8:30			Melissa Simpson Story Antoinette Lee Toscano hosts Sponsor presentation w/ Melissa Simpson Kara - Star Of The World Movie Screening w/ Q&A with Nate Gillette
9pm-11pm			DJ Music

SATURDAY 27th August			
7:30 - 8:45		Reusch Auditorium Lobby	Welcome/ Information Booth open
7:30 - 8:45	BREAKFAST	Reusch Auditorium Lobby	Continental Breakfast
8:00 - 9:00	Boxing	Rams Horn Lodge, Giant Track	Adaptive boxing - Rustin Hughes / B-Bold Boxing
9:00-4:00	Story Recording	Story booth for 1:1 sharing	Hosted by Audio Information Network of Colorado (AINC)
9:00-11:00	Forest Ecology	TBD	

9:00 - 10:00	Bike Demo, E-Bike, E-Hand Bike demonstration	Rams Horn Lodge	Hosted by AngleTech
9:00 - 11:00	Painting, watercolor on Canvas	Arts and Crafts Building	led by YMCA
9:00 - 11:00	Archaeology Walk	TBD	led by Lockwood Foundation
9:00 - 11:00	Orienteering	Boone Mountain Center	led by YMCA
9:00 - 12:00	Rock Climbing	Boone Mountain Center	Legend Mark Wellman, No Limits Tahoe
10:00 - 12:00	Parafencing	Rams Horn Lodge, Teddy's Teeth	Team USA Fencing coach Patricia Dykes
9:00 - 12:00	Adaptive Archery	Archery Range	Led by Nate Gillette, Challenge Aspen
10:00 - 11:00	Origami	Sweet Memorial Building	led by YMCA
10:00-11:00	Wheelchair Basketball	Outdoor Basketball Court	Hosted by Jason Hotchkiss/ Tribal Adaptive
10:00 - 12:00	Bike Demo, E-Bike, E-Hand Bike demonstration	Rams Horn Lodge	Hosted by AngleTech
12:00 - 1:00	LUNCH	Reusch Auditorium	Boxed Lunches
1:00 - 2:00	Up, Up And Away! Kite Flying	TBD	Led by YMCA
1:00 - 3:00	Tie-Dye	Arts and Crafts building	Led by YMCA
1:00 - 4:00	Rock Climbing	Boone Mountain Center	Legend Mark Wellman, No Limits Tahoe
1:00 - 4:00	Adaptive Archery	Archery Range	Led by Nate Gillette, Challenge Aspen
1:00 - 3:00	Handcycling and Mountain Biking	Mountainside Loop	Hosted by Jason Hotchkiss/ Tribal Adaptive
2:00 - 4:00	Birding	TBD	led by YMCA
3:00 - 4:00	Sam Morris	TBD	Zen Warrior - Sam Morris
4:00 - 5:00	Meditation Techniques	TBD	Led by Gabriella Wright
4:00 - 5:0	Hypnosis	TBD	Dr. Vidor Friedman Using Hypnosis as a way to Deal with Trauma, manage symptoms of Trauma.

			Alternative states of consciousness and how that relates to PTSD.
5:00-6:00	Cocktail hour	Location TBD	Invite only for Impact Hub Partners
5:00 - 7:00 PM	DINNER	Dining Hall	
7:30 - 9:30		MAIN STAGE/ AUDITORIUM	Melissa Simpson, special activity Mandy Harvey pre-recorded message Bayartsengel Damdin. Bayer is vice consul at the Consulate General of Mongolia. Born in Mongolia to a shepherd family, Bayar became paralyzed waist down at a young age. Honoring Ed Weihenmayer Erik Weihenmayer Session with Q&A

SUNDAY 28th August			
7:30 - 9:00	BREAKFAST	Reusch Auditorium Lobby	Continental Breakfast
9:00 -12:00	Pre hike Meeting What's Your Everest Hikes: 1. Glacier Creek to Bible Point 2. Mountainside to Bible Point 3. Wind River Loop	All depart from Boone Mountain Center	WHAT'S YOUR EVEREST
12:00 - 2:00		OUTDOOR AMPHITHEATER/COVERED PAVILION	Closing Cookout Barbeque Groove n' Motion Band